

Chen Taijiquan LaoJiaYiLu

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3 Six Sealing and Four Closing
4 Single Whip
5 Buddha's Warrior
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10 Walking Obliquely
11 Brushing Knees
- 37 Hidden Thrust Punch
38 Small Capturing
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47 Jade Lady Works Shuttles
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15 Flinging Body
16 Green Dragon Comes Out of Water
17 Double Pushing Hands
18 Fist Under Elbow
19 Whirling Upper Arms
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52 Wave Double Lotus & Stretch Down
53 Golden Rooster on One Leg
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30 Kicking With the Left Heel
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68 Step Forward to Form the Seven Stars
69 Step Back Ride the Tiger
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